



BLUE TIE GUYS

Break Out Sessions

Juggling Workshop/if your group could learn to juggle scarves & balls, juggling the challenges of business life would be that much easier.

-This 45-60 minute break out session consists of the entire group learning the actual art of juggling. Not only is this a great stress reliever but it's a fun way to take a break and get those creative juices flowing again.

-First the entire group warms up with a light stretch to get that blood flowing.
(Perfect for morning meetings, or brain breaks!)

-Second your colleagues will learn basic juggling patterns and practice.
(Balls can be ordered with your logos for a give a way, perfect for continued practice or stress relief!)

-Third after the whole team has mastered the basic pattern we will break into smaller groups and concentrate on helping each other along the way.
(Stand out performances will get to shine at the end of the workshop!)



"Andrew & Bryan's ideas and talent added so much to The Market Common's festivity. Everyone loved the juggling they made the coordination simple, and were easy to work with. They will definitely be a strong partner for us!"

Hatton Gravely - Event Director, *The Market Commons*



BlueTieGuys.com (843) 424-6146